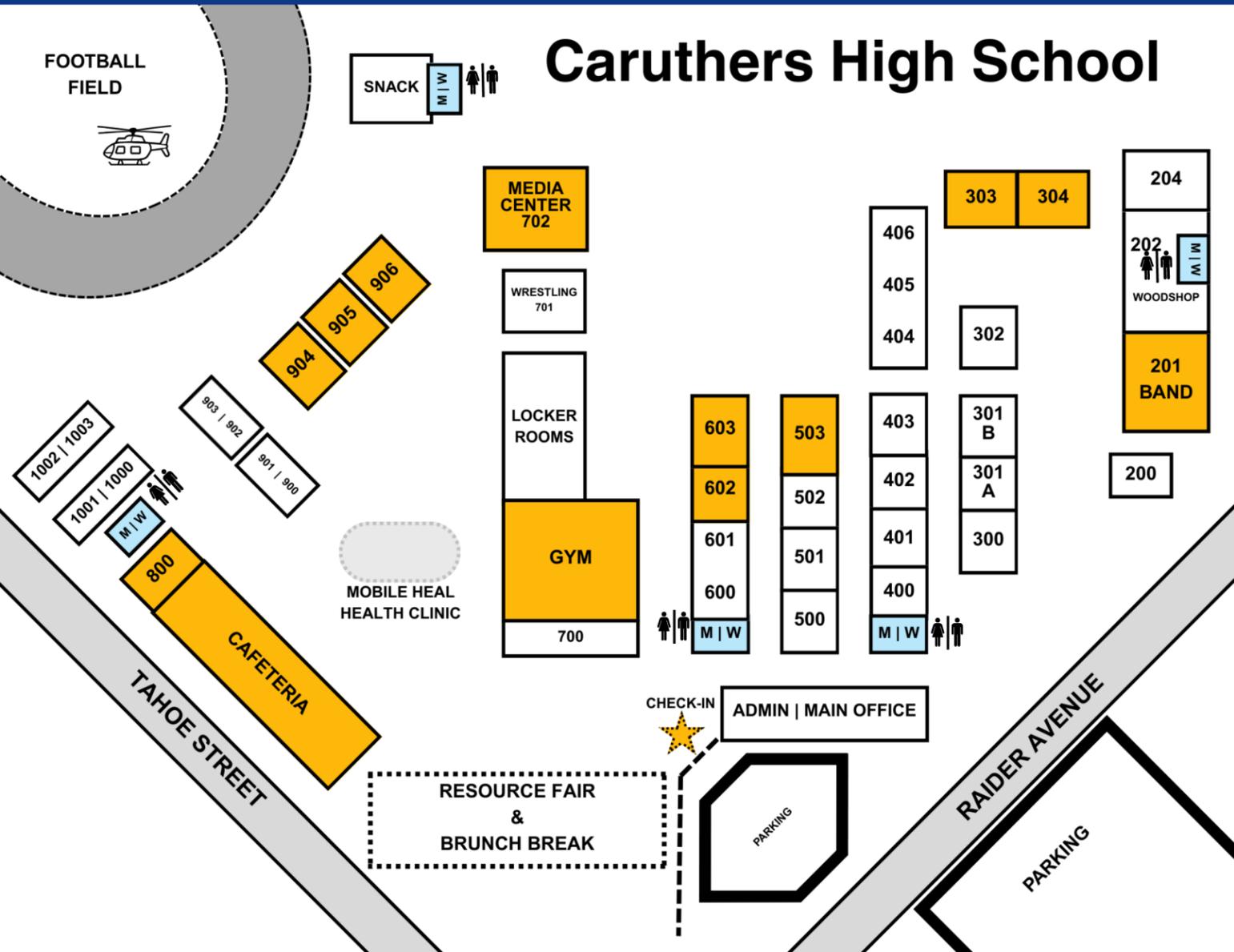


# Conference Map



# Health Education and Leadership (HEaL) Conference

For more program information, visit: [sjvpremed.ucsf.edu](http://sjvpremed.ucsf.edu)  
Today's conference was made possible by funding from the following organizations



Thank you for attending the 2025 HEaL Conference!  
We want to hear from you. Scan QR Code for a chance to win a gift card and please take a moment to share your thoughts and experience.

[tiny.ucsf.edu/HEaLEvaluation2025](http://tiny.ucsf.edu/HEaLEvaluation2025)

*\*Winners will be notified by email.*



Saturday, September 20, 2025  
Caruthers, California

# AGENDA

**8:30 AM** Welcome and Keynote in the Gym

**9:00 AM** High School and Parent Breakout Sessions

**10:30 AM** Brunch Break  
Visit the brunch break stations, resource fair, Mobile Heal Clinic, and enjoy the lawn games!

**11:30 AM** End of Conference

# KEYNOTE SPEAKER



**José M. Barral Sánchez, MD, PhD, Vice Dean, UCSF Fresno**

Dr. Barral Sánchez oversees medical education, faculty development, and research growth at UCSF Fresno, including the expanding partnership with UC Merced. His commitment to education and research has been recognized by numerous awards and appointments. He is committed to increasing the quantity and quality of physicians practicing in the San Joaquin Valley, and advancing UCSF Fresno's mission of improving health, and expanding access to care for all in the region.

# 9th Grade Student Session

**Future Healers: Hands-On with Med School Simulations**  
Ever wondered what it's like to be a medical student? Get inspired as CHSU students guide you through real simulation stations where you'll practice medical skills and see firsthand what it takes to step into the world of healthcare.

ROOM 201

In partnership with:  
**California Health Sciences University (CHSU)**

# 10th Grade Student Session

**Operation Labubu: Mass-Casualty Challenge**  
A giant Labubu has attacked! This mass-casualty simulation, inspired by the Labubu "attack" at Caruthers High School, gives student first responders a hands-on chance to assist "victims" with wound care, CPR, head trauma, sprains, and more. Plus explore a Sheriff's helicopter. Deputies will explain its lifesaving role in search-and-rescue and law enforcement. There is no need to fear—everyone will be saved!

Media Center

In partnership with: **Samuel Merritt University and Fresno County Sheriff's Office**

# 11th Grade Student Session

**Stitch It Up!**  
Get ready for a suture activity designed to introduce you to basic surgical techniques using surgical tools and simulated blood that mirrors real-life medical procedures. This guided session goes beyond observation, allowing students to practice precision, focus, and problem-solving skills that healthcare professionals use every day.

ROOMS  
303  
304

In partnership with:  
**HealthForce Partnerships**

# 12th Grade Student Session

**The Future of Medical Education in the SJV**  
Join Foundations 1 (F1) Faculty from UC Merced's Department of Medical Education (DOME) as they share how medical education is evolving in California's Central Valley via the SJV PRIME+ BS/MD program. Through real-life case studies & faculty-led lectures, the session will highlight innovative approaches, community partnerships, and lessons learned that prepare future physicians to address local and regional health needs.

ROOMS  
503  
602  
603

In partnership with: **UC Merced Department of Medical Education (DOME) Foundations 1 (F1) Faculty Susan DeRiemer, Ph.D. and Julia Alvarez, Ph.D.**

# RESOURCE FAIR

DURING THE BRUNCH BREAK AT 10:30 AM

- Central California Blood Center
- California Health Sciences University (CHSU)
- College of Sequoias (COS) Hanford
- CSU Stanislaus
- Fresno Family Chiropractic
- Family Healthcare Network
- Fresno City Allied Health (Dentistry)
- Fresno City College
- Fresno County Library
- Fresno EOC Health Services
- Fresno Pacific University
- Fresno State Admissions
- Health Career Connection (HCC)
- Health Force Partnerships
- Lemoore College
- Poverello House
- Power CA Action
- Reedley Community College
- UC Berkeley
- UC Davis
- UC Merced SJV PRIME+ BS/MD
- UC Merced

# PARENT SESSIONS | Please choose a session from the descriptions listed below.

| Location:                                 | Session Title:   | Presented by:   | Session Description:  |
|---|--|---|---|
| Room 904<br><i>English Only</i>           | <b>Valley Fever Susceptibility and Heat Illness Safety for Farm Workers in the San Joaquin Valley</b>                | La Cosecha SJV<br>Nicole Garza MS2<br>Avneet Mandair MS2<br><br>Faculty Advisor: Dr. Yolanda Tinajero, M.D., Associate Director, San Joaquin Valley PRIME; Department of Obstetrics, Gynecology & Reproductive Sciences, UCSF | Learn how to keep your family and community safe from Valley Fever and heat illness— Join us for an engaging session where you'll learn the facts about Valley Fever and heat illness, ask questions, and test your knowledge in a lively Jeopardy game designed to make safety simple and memorable.   |
| Room 905<br><i>Solamente en español</i>   | <b>Prevención de la Fiebre del Valle y del Golpe de Calor en los Trabajadores del Campo del Valle de San Joaquín</b> | La Cosecha SJV<br>Citlali Lopez MS2<br>Anayeli Rojas MS2<br><br>Faculty Advisor: Dr. Yolanda Tinajero, M.D., Associate Director, San Joaquin Valley PRIME; Department of Obstetrics, Gynecology & Reproductive Sciences, UCSF | Aprenda cómo mantener a su familia y comunidad a salvo de la fiebre del Valle y las enfermedades relacionadas con el calor: únase a nosotros en una sesión interesante en la que aprenderá los datos sobre la fiebre del Valle y las enfermedades relacionadas con el calor, hará preguntas y pondrá a prueba sus conocimientos en un animado juego de Jeopardy diseñado para que la seguridad sea simple y memorable.  |
| Room 906<br><i>Disponible en español</i>  | <b>Bridging the Communication Gap Between Parents and Their Youth</b>  | Graciela Zuniga, LMFT, Behavioral Health Clinical Supervisor, Fresno County Superintendent of Schools   | Learn about developmental stages and how those impact your child's communication, interaction with others, and the way in which they manage day-to-day decisions. Explore the common pressures and challenges impacting our youth; social media, peer pressure, academic stress, and physiological changes occurring at their current developmental stage. Parents will learn strategies on how to have direct and difficult conversations with their child.  |
| Room 800<br><i>English Only</i>           | <b>Feeding Smarts: Busting Nutrition Myths for Families</b>  | Lisa Herzig, PhD, RDN, CDCES, Didactic Director Fresno State University   | This engaging session, led by a registered dietitian nutritionist, helps families cut through the noise of conflicting nutrition messages. Learn what dietitians do and how their expertise differs from online "nutrition influencers," while, highlighting the importance of balanced, science-based eating. Families will walk away with strategies for identifying trustworthy sources of nutrition information, debunk common diet fads and myths with practical tools to make informed, confident food choices. |
| Cafeteria<br><i>Disponible en español</i> | <b>Fentanyl in Our Community: What Every Parent Needs to Know</b>  | Substance Abuse Navigators, Community Regional Medical Center<br>Detective Dean Cardinale, Fresno Police Department   | Fentanyl can impact any family—but knowledge is your best defense. In this workshop, a police detective shares frontline insights while a substance use navigator guides you through hands-on naloxone training. Leave prepared to spot the warning signs and act quickly to protect a life.  |

# AGENDA

- 10:30 AM Brunch Break**  
Visit the brunch break stations, resource fair, Mobile Heal Clinic, and enjoy the lawn games!
- 11:30 AM Welcome and Keynote in the Gym**
- 12:00 PM High School and Parent Breakout Sessions**
- 1:30 PM End of Conference**

# KEYNOTE SPEAKER



**José M. Barral Sánchez, MD, PhD, Vice Dean, UCSF Fresno**

Dr. Barral Sánchez oversees medical education, faculty development, and research growth at UCSF Fresno, including the expanding partnership with UC Merced. His commitment to education and research has been recognized by numerous awards and appointments. He is committed to increasing the quantity and quality of physicians practicing in the San Joaquin Valley, and advancing UCSF Fresno's mission of improving health, and expanding access to care for all in the region.

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| Room 905<br><i>Solamente en español</i>   | <b>Prevención de la Fiebre del Valle y del Golpe de Calor en los Trabajadores del Campo del Valle de San Joaquín</b> | La Cosecha SJV<br>Citlali Lopez MS2<br>Anayeli Rojas MS2<br><br>Faculty Advisor: Dr. Yolanda Tinajero, M.D., Associate Director, San Joaquin Valley PRIME; Department of Obstetrics, Gynecology & Reproductive Sciences, UCSF | Aprenda cómo mantener a su familia y comunidad a salvo de la fiebre del Valle y las enfermedades relacionadas con el calor: únase a nosotros en una sesión interesante en la que aprenderá los datos sobre la fiebre del Valle y las enfermedades relacionadas con el calor, hará preguntas y pondrá a prueba sus conocimientos en un animado juego de Jeopardy diseñado para que la seguridad sea simple y memorable.  |
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| Cafeteria<br><i>Disponible en español</i> | <b>Fentanyl in Our Community: What Every Parent Needs to Know</b>  | Substance Abuse Navigators, Community Regional Medical Center<br>Detective Dean Cardinale, Fresno Police Department   | Fentanyl can impact any family—but knowledge is your best defense. In this workshop, a police detective shares frontline insights while a substance use navigator guides you through hands-on naloxone training. Leave prepared to spot the warning signs and act quickly to protect a life.  |

# RESOURCE FAIR | DURING THE BRUNCH BREAK AT 10:30 AM

- |  |                                |
|--|--------------------------------|
| Central California Blood Center              | Fresno State Admissions        |
| California Health Sciences University (CHSU) | Health Career Connection (HCC) |
| College of Sequoias (COS) Hanford            | HealthForce Partnerships       |
| CSU Stanislaus                               | Lemoore College                |
| Fresno Family Chiropractic                   | Poverello House                |
| Family Healthcare Network                    | Power CA Action                |
| Fresno City Allied Health (Dentistry)        | Reedley Community College      |
| Fresno City College                          | UC Berkeley                    |
| Fresno County library                        | UC Davis                       |
| Fresno EOC Health Services                   | UC Merced SJV PRIME+ BS/MD     |
| Fresno Pacific University                    | UC Merced                      |

## 7th Grade Student Session

**Brushing Up on Dentistry: Hygiene, Health, and Careers**  
Explore a variety of stations related to dental hygiene care and careers. Learn about how diet can affect your oral health and how you can become an advocate among friends and family to share information.

GYM

In partnership with: **Katina Alfieris, DDS, Martin Nahigian, DDS and the Pre-Dental Club at Fresno State**

## 8th Grade Student Session

**Operation Labubu: Mass-Casualty Challenge**  
A giant Labubu has attacked! This mass-casualty simulation, inspired by the Labubu "attack" at Caruthers High School, gives student first responders a hands-on chance to assist "victims" with wound care, CPR, head trauma, sprains, and more. Plus explore a Sheriff's helicopter. Deputies will explain its lifesaving role in search-and-rescue and law enforcement. There is no need to fear—everyone will be saved!

Media Center & Outdoor Areas

In partnership with: **Samuel Merritt University and Fresno County Sheriff's Office**

|   |   |
|---|---|
| <p><b>UCSF Fresno</b><br/>Mobile Health and Learning</p> <h2>Free Health Clinic</h2> <p>No appointment needed.<br/>No insurance required.<br/><b>Walk-ups welcome.</b></p> <p>fresno.ucsf.edu/mobileheal   559-349-8082</p>                                     | <p><b>Health Screens</b><br/>Blood pressure and blood sugar checks.</p> <p><b>Refill Prescriptions</b><br/>For known conditions: Hypertension, Diabetes, Asthma, etc.</p> <p><b>Wound Care</b><br/>Basic care of wounds and provider examination.</p> <p><b>Vaccines</b><br/>Seasonal flu and mpox vaccines.</p> <p><b>Back-to-School Immunizations</b><br/>Vaccines for children.</p> <p><b>COVID-19 Vaccines / Testing</b><br/>Limited vaccine supply available for adults.<br/>Vaccines not available for children at this time.</p> <p><b>Sexual Health / Contraceptive Services</b><br/>STI Testing, treatments, contraceptive methods and consultations.</p>  |
| <p><b>UCSF Fresno</b><br/>Mobile Health and Learning</p> <h2>Clínica de Salud Gratuita</h2> <p>No se necesita cita.<br/>No se requiere seguro médico.<br/><b>Personas sin cita previa son bienvenidas.</b></p> <p>fresno.ucsf.edu/mobileheal   559-349-8082</p> | <p><b>Exámenes de salud</b><br/>Controles de presión arterial y azúcar en la sangre.</p> <p><b>Recetas médicas</b><br/>Para condiciones conocidas: Hipertensión, Diabetes, Asma, etc.</p> <p><b>Cuidado de heridas</b><br/>Atención básica de heridas y examen por un proveedor.</p> <p><b>Vacunas</b><br/>Vacunas contra la gripe y mpox.</p> <p><b>Vacunas de regreso a clases</b><br/>Vacunas para niños.</p> <p><b>Pruebas de COVID-19 / Vacunas</b><br/>Suministro de vacunas limitado para adultos.<br/>Vacunas no disponibles para niños en este momento.</p> <p><b>Salud sexual / Servicios anticonceptivos</b><br/>Pruebas, tratamiento y servicios anticonceptivos para enfermedades de transmisión sexual (ETS).</p> |